



Advice Following Stage II Implant Surgery - Abutment Connection

It is essential for trouble-free healing, that the following directions are observed for the first few weeks after the surgery:

1. Smoking and the consumption of alcohol should be avoided.
2. If possible, elevate the head with an extra pillow for the first two nights to reduce swelling.
3. Bleeding from the surgery site can usually be controlled by biting on a roll of damp gauze for 20 minutes. If this does not stop the bleeding contact the practice on 9262 9318. After hours contact your nearest hospital with an Accident and Emergency Centre or the hospital from which you were discharged.
4. There are no restrictions on the type of food you can eat but after each meal the mouth should be thoroughly rinsed with warm salty water (1/2 teaspoon of salt in a glass of warm water) to prevent contamination of the wound.
5. A mouthwash containing Chlorhexidine, available from your local pharmacy, can be used alternately with the saline solution.
6. Normally dentures can be refitted immediately after abutment connection but swelling may make wearing them uncomfortable. It is best to keep them out as much as possible and not use them for eating until the swelling resolves.
7. It is essential to take all the prescribed antibiotics as directed (usually 1 capsule 3 or 4 times a day for 5 days)
8. The tablets for pain relief should be taken as necessary and according to instructions.
9. Apply Vaseline or Lanolin lightly to the lips if they become dry and cracked.
10. You will need to re-attend the practice for a review after about one week so that sutures can be removed and healing monitored.
11. Covered ice packs applied for periods of 30 minutes to the skin over the surgery site can help to reduce the swelling and pain post-operatively. However, the packs should be removed regularly to prevent skin damage. Initially sucking ice cubes or sipping iced water are the best oral fluids.
12. If you are worried over any matter concerning the surgery or your recovery contact the practice for advice on 9262 9318.